



IDPS

Website : www.idpsjammu.com Email : idpschronicle@gmail.com

CHRONICLE

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SPECIAL EDITION

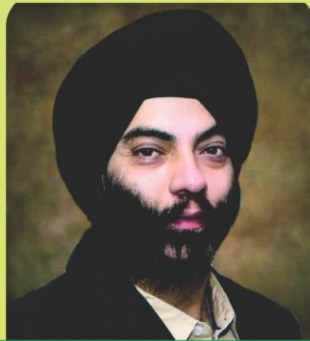
INTERNATIONAL DELHI PUBLIC SCHOOL

**AFFILIATED TO CBSE
CBSE CODE - 730102**

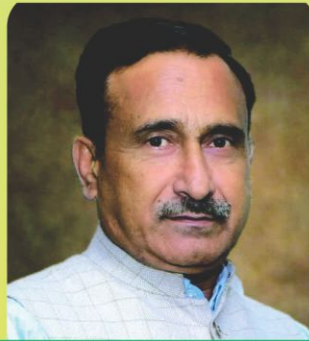
EPISTLE FROM IDPS MANAGEMENT



Ms. MANISHA CHOWDHARY
CHAIRPERSON



Dr. SUMINDER SINGH
MANAGING DIRECTOR (OPERATIONS)



Mr. SWARN CHOWDHARY
MANAGING DIRECTOR (FINANCE)



Mr. YASHPAL CHOWDHARY
DIRECTOR



Ms. SUCHETA GUPTA
DIRECTOR

Dear students,

We would like to extend a warm welcome as we begin what promises to be an exciting and memorable year. You will be working with a world-class faculty dedicated to help you get the most out of your education. You are entering the gateway to a global education that will prepare you to succeed in an increasingly competitive environment. All of us at IDPS are strongly committed to support your success. In return, we know you will study hard, seek out and respect the opinions of your elders & others, enjoy the rich variety of activities the school has to offer and find opportunities to give back to your communities. Much of your success in your journey through life will depend on the effort and the choices you make now. Our very best wishes for a great and productive year.



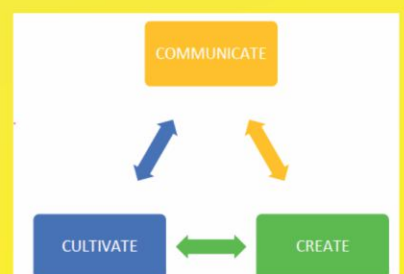
Ms. RANDEEP WAZIR
PRINCIPAL IDPS, JAMMU

Message from Principal's Desk

It is rightly said – “Steady efforts develop our potential and open the way to a bright future.”

IDPS is known for creating a healthy, congenial and ideal learning environment to promote the development of children. The core values of IDPS being Intellectual, Disciplined, Persistent Scholars strive to “Learn & Succeed”. A dynamic educational community created by the interaction of committed faculty and enthusiastic parents. We always aim at making learning interesting, engaging and motivating through our unique, in house and futuristic system of curriculum and education. Our vision is to provide a learning space where “Learning is beyond the four walls of a classroom and teaching is beyond the pages of a book. Each and every child has a potential to bring something unique and special to the world. We help children to develop their full potential by believing in them as capable individuals and assist them in discovering who they are, so they can express their own opinions and nurture their own ideas. Dedicated to

constantly upgrade its unique & futuristic system of education, which is one of its kind in the schooling fraternity. We provide a curriculum that involves the interests of the children and makes learning relevant to life thereby incorporating themes, integrated units, projects, group work, individual work, and hands-on learning in order to make children active learners. At IDPS, we have always believed that both teachers and parents play an important role in the growth and development of children and it is only through open communication, fruitful discussions and active participation that we can together lay a strong foundation for our children. We believe in creating opportunities for learning basic life skills such as self-dependency, critical thinking & decision making. Preparing children for the global challenges while maintaining the rich Indian culture, morals and values and facilitating a culture of lifelong learning. By providing inclusive education at IDPS, we reckon to build capacity in our children to accept the challenges of life. Let's begin the new school year as “Partners in Progress”. In this progress, we respect every child's need to express their feelings as they build meaningful relationship with us. In an effort to bring out the best in every child, our team of IDPS nurtures all the IDPIANs with a lot of love, care and provide them ample opportunities to learn, imbibe knowledge, values and skills for life that further help them to grow. At IDPS, we ensure every child is empowered with responsibilities and regularly encouraged to participate in various activities, programmes and presentations. These opportunities will help them to gain confidence, enhance their self-esteem and grow into responsible citizens who make a difference in society. We, at IDPS are completely focussed on developing the 4 C's of Education namely Critical thinking, Communication, Collaboration and Creativity. I am certain that IDPIANs have a bright future and they will be experts of dedicated efforts! I wish them all the luck for the upcoming session!



EPISTLE FROM IDPS PILLARS



Ms. MADHU ABROL
SCHOOL MANAGER

“You can teach a student a lesson for a day; but if you can teach him to learn by creating curiosity, he will continue the learning process as long as he lives.” Clay P. Bedford

Greetings to you! The purpose of education should be to provide our children with a balanced and well-rounded education, develop them to their full potential, and nurture them into good citizens, conscious of their responsibilities to family, society and country. Another session at IDPS begins and with it begins the quest to achieve the aforementioned goal. In its early stages, human mind is a coarse grain of sand, recurring a nurturing shell of broad spectrum of earning opportunities and experiences. I am extremely confident in saying that IDPS has always strived to do best for each and every student who is a part of the IDPS family, and will continue to do so in the coming session.

Co-scholastic activities build in students the creative energy that is very much required for overall growth and development of the student. We realise that happy and curious learners are the best kind of learners. Thus, the activities planned for the session 2020-21 are intended to ingrain in our students a sense of self-confidence, an eager conscience and a learning spirit. They would also encourage students to learn essential social skills such as the importance of team work. The students will come out on the other end as smarter and happier. This coming session, we welcome students with a new hope, new ideas and new zeal.



Ms. GURNEET MAAN
VICE PRINCIPAL

Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations. Our aim is to motivate and empower students to be lifelong learners, critical thinkers, and productive members of an everchanging global society. We are aware that each child is unique and there is an individual potential and excellence in every child. We impart skills so that every child can think critically and logically about the world around them in order to make informed and accurate decisions about their education. Wholesome participation is encouraged in the extensive range of academic and extra-curricular activities and care is also taken to ensure the well-being and happiness of each and every student in the school.

As the Vice-Principal, it is important to me that everyone who steps through our doors- staff, students, and parents is excited to be here with high expectations! This attitude enables us to meet the challenges of academic excellence in a positive, fun and nurturing environment. The International Delhi Public School, Jammu is a special place to learn and I warmly welcome you and feel both honored and delighted on you being a part of our learning community.



Ms. JYOTI SHARMA
ACADEMIC MANAGER

School is very important for various reasons. It teaches and prepares us for anything that is out there. The school helps us crave some important rules and tools that we will need for a successful future. Therefore, the start of any new school year should be lively, energetic, and inspirational. Your limitation- it is only your imagination. Thus, let us start our new year at school with hopes and dreams that no matter how limited we might be, we will do our best to achieve what we call dreams. Also, it is something magical about success. If I asked you to name the first man who walked on the moon. I am pretty hopeful that I will get a bunch of answers. However, if I asked you who was the second person, I barely hope that I will get any answers. Because, traditionally, we do not value the second or third positions as much as we should. After all, it is not only the first person who deserves the fame, name and a notable status. Whether you believe it or not, each and everyone deserves because we all work hard and give our best. However, at the end of the day, what matters most is where do you stand relative to your yesterday, not your school fellow who probably performed better than you. Additionally, those who have invested their best but they were not able to manage a victory, keep working hard because hard work pays off. After all “Patience and Perseverance” are a couple of secrets to success.



Ms. POOJA KHURANA
DY. HEADMISTRESS KINDERGARTEN

VISION OF IDPS : True education to nurture children to their full potential so that they are well equipped to face challenges in future with confidence , grit and determination. I am glad that IDPS is bringing in another academic year with all the enthusiasm to mark its meritorious service in the field of education .It a moment of immense pleasure to welcome all the students to join us in this glorious journey of providing quality education .

I am sure that the students will be completely content with the diverseactivities undertaken by the school. I hope that the creativity , anticipation and aspiration of the bright young students are reflected in their eyes and work . I wish all the IDPIANS a bright future .

Lets grow and learn together in a fun and nurturing environment of IDPS .



Ms. PRIYANKA SEHGAL
DY. HEADMISTRESS PRIMARY WING

Dear Children,

Welcome to the School year 2020-21 We understand that you must be having high hopes for happy hours of learning, co-scholastic activities, meeting your teachers and friends. You will be missing your new school session as the same could not happen because of the unprecedented circumstances. At this point of time, it is imperative for us to keep your health and safety a priority during this situation. We are committed for your holistic well-being. More than ever before, now is a time for us to instil hope, resilience and courage and you as the “Ambassadors of IDPS” should learn to deal with uncertainties and keep moving forward even in tough times. Remember that your teachers, your friends, and the entire IDPS family is always with you. We will win this fight, and good times will be upon us again. We care about you and have your best interest in mind. We are going to do whatever it takes to make the rest of your School Year the best it can be. We are keen to have you on board and carry on sharing your learning journey with us. Till that time keep up your spirits high and Stay Safe!



Ms. RACHITA DUTTA
Academic Manager (counselor)

“The content of a book holds the power of education and it is with this power that we can shape our future and change lives”

INTERNATIONAL DELHI PUBLIC SCHOOL aims to create a supportive and inclusive environment where students are encouraged to explore their potential and do their best in all areas. Here students are being challenged and engaged through authentic learning opportunities that inspire them to develop creativity, confidence and resilience to become independent and ethical life-long learners. We offer a broad curriculum and a range of opportunities to achieve excellence in academic, creative, social, cultural, sporting and community endeavours. We value collaborative learning, positive relationships and building capacity amongst our students to engage in the world of the future, where problem solving, evaluating, working in teams, communicating, creating and innovating are not only valued concepts, but expected skills, attributes and capabilities. We support the individual well-being of our students and provide a school environment that allows every student to thrive as they work towards achieving their personal best performance. Our passionate teachers ensure our students grow in confidence and develop the skills for the rapidly changing, 21st century living. We use innovative techniques, rich resources, proven instructional strategies and engaging programs to promote student learning. I feel very fortunate to be the Academic Manager of IDPS, JAMMU. And I look forward to continuing the tradition of collaborative learning with parents as equal stakeholders in the educational journey of our students.



Ms. ANNIE MATOO
COORDINATOR

“REACH FOR THE MOON IF YOU FALL SHORT YOU ‘LL LAND AMONG THE STARS”

We promise to bring learning to life for each and every one of you!

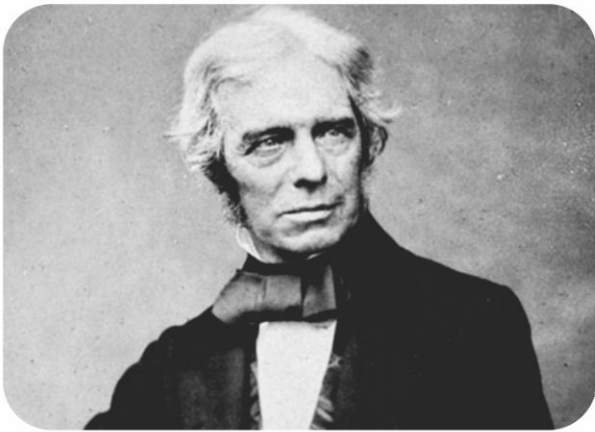
Welcome to a new session 2020-2021. Always remember you can do anything you put your mind to. We believe in you. May this school year be the most engaging, inspiring, rewarding and memorable year.

We look forward for serving you and making sure you have an enjoyable and successful year ahead. Make this year incredible!

We will help you to march ahead to attain your full potential, with the ethos of moral and ethical principles.

“We want that education, by which character is formed, strength of mind is increased, the intellect is expanded and by which one can stand on one’s own feet.”

MICHAEL FARADAY



Born on 1791, British citizen Michael Faraday was a son of a blacksmith who had to leave school in the fourth grade. He started working as a bookbinder and taught himself to read and writer. He developed a fascination with science and particularly in electricity after he studied lot of serious academic works during his days. He was an English scientist who contributed to the study of electromagnetism and electrochemistry. His main

discoveries include the principles underlying electromagnetic induction, diamagnetism and electrolysis. Although Faraday received little formal education, he was one of the most influential scientists in history. It was by his research on the magnetic field around a conductor carrying a direct current that Faraday established the basis for the concept of the electromagnetic field in physics. Faraday also established that magnetism could affect rays of light and that there was an underlying relationship between the two phenomena. He similarly discovered the principles of electromagnetic induction and diamagnetism, and the laws of electrolysis. His inventions of electromagnetic rotary devices formed the foundation of electric

motortechonology, and it was largely due to his efforts that electricity became practical for use in technology. As a chemist, Faraday discovered benzene, investigated the clathrate hydrate of chlorine, invented an early form of the Bunsen burner and the system of oxidation numbers, and popularised terminology such as "anode", "cathode", "electrode" and "ion". Faraday ultimately became the first and foremost Fullerian Professor of Chemistry at the Royal Institution, a lifetime position. Faraday was an excellent experimentalist who conveyed his ideas in clear and simple language; his mathematical abilities, however, did not extend as far as trigonometry and were limited to the simplest algebra. James Clerk Maxwell took the work of Faraday and others and summarized it in a set of equations which is accepted as the basis of all modern theories of electromagnetic phenomena. On

Faraday's uses of lines of force, Maxwell wrote that they show Faraday "to have been in reality a mathematician of a very high order – one from whom the mathematicians of the future may derive valuable and fertile methods." The SI unit of capacitance is named in his honour: the farad. Albert Einstein kept a picture of Faraday on his study wall, alongside pictures of Isaac Newton and James Clerk Maxwell. Physicist Ernest Rutherford stated, "When we consider the magnitude and extent of his discoveries and their influence on the progress of science and of industry, there is no honour too great to pay to the memory of Faraday, one of the greatest scientific discoverers of all time **Genius is one percent inspiration and 99 percent perspiration**" is one of the most famous quote by this genius. He died in the year 1931.

LARGEST ISLANDS

- 1.GREEN LAND – 2,175,600 SQ. KM
- 2.NEW GUINEA – 785,753 SQ. KM
- 3.BORNEO – 748,168 SQ.KM
- 4.MADAGASCAR – 567,713 SQ. KM
- 5.BAFFIN ISLAND, CANADA – 503,944 SQ. KM
- 6.SUMATRA, INDONESIA – 4443,065 SQ. KM
- 7.GREAT BRITAIN – 229,957 SQ. KM
- 8.HONSHU,JAPAN – 225,800 SQ. KM
- 9.VICTORIA ISLND, CANADA – 220,548 SQ. KM
- 10.ELLESMERE ISLAND, CANADA – 183,964 SQ.KM



LARGEST OCEANS AND SEAS



- 1.PACIFIC OCEAN
- 2.ATLANTIC OCEAN
- 3.INDIAN OCEAN
- 4.ARTIC OCEAN
- 5.SOUTH CHINA SEA
- 6.CARIBBEAN SEA
- 7.MEDITERRANEAN SEA
- 8.BERING SEA
- 9.SEA OF OKHOTSK
- 10.GULF OF MEXICO

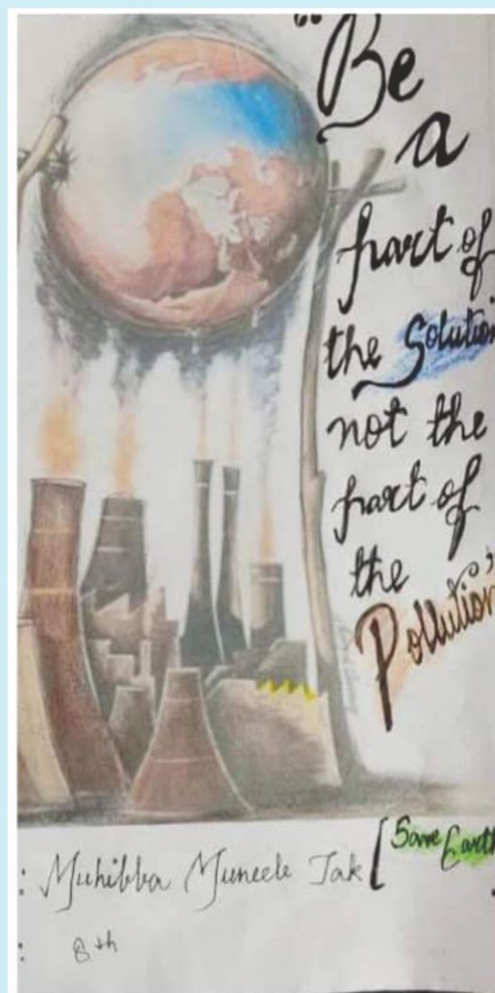
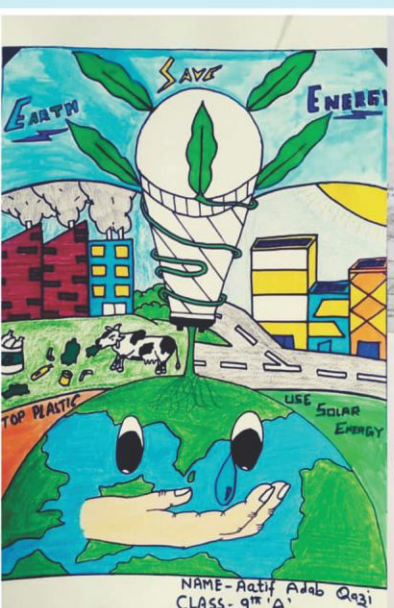
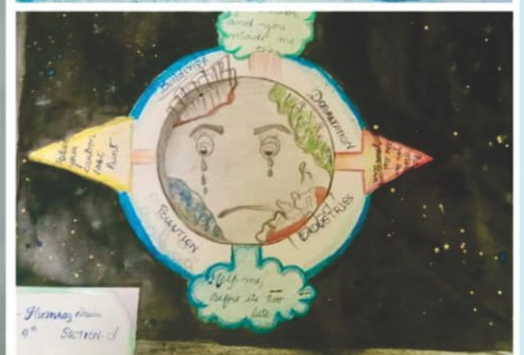
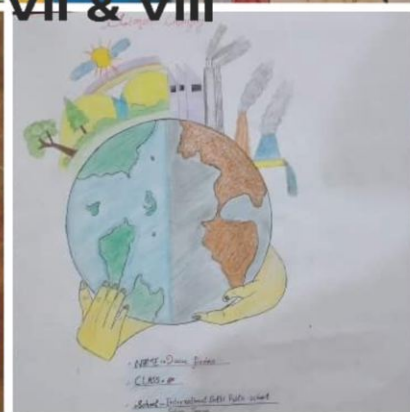
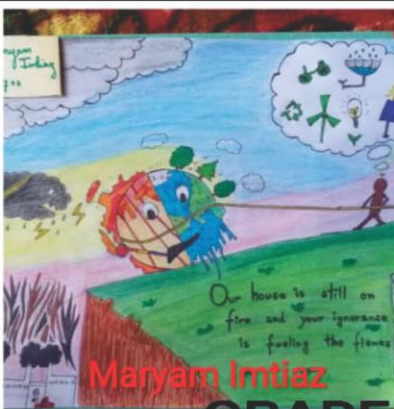
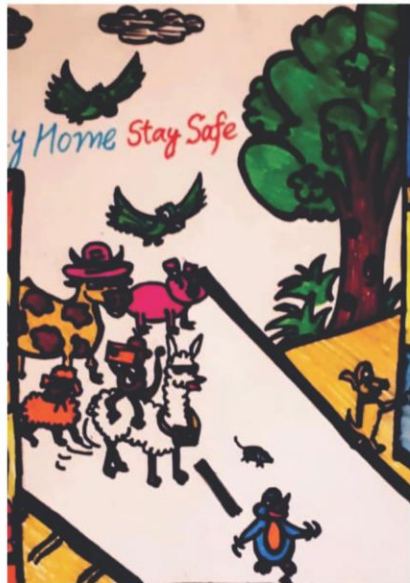
We are overwhelmed and delighted beyond words, sharing the efforts put in by IDPIAN's showing their participation and putting in their creativity for the Activity planned for them "Art with a purpose" in lieu of the 50th Earth Day with the theme 'CLIMATE ACTION'. Their efforts show that they all stand up for the planet as Eco ambassadors with a desire to spread information, raise awareness and inspire people to care about Climate Change. We can clearly see the enthusiasm and creativity in their Art work during this time as well.

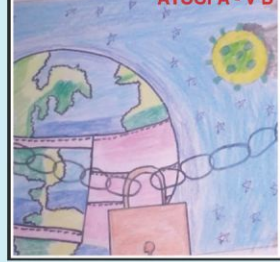
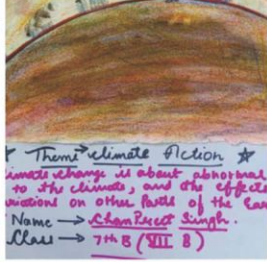
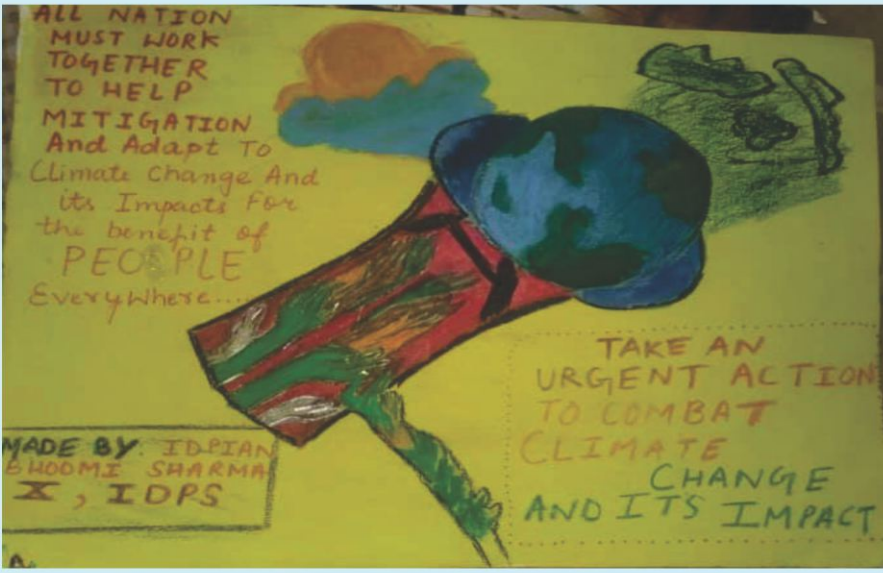
Grade VII - Grade X participated for this Art Competition and we are sharing the glimpses of the Art work done by them.



EARTH DAY

APRIL 22





"A good teacher can inspire hope, ignite the imagination and install a love of learning."



CORONA VIRUS A PANDEMIC



**Mohammed Shahriyaar
Asif Malik**
Class 9th Section B

As we know that due to the corona virus pandemic the whole world is suffering from various issues but in India it is spreading at a low speed. I would like to appreciate our Hon'ble Prime Minister Shri Narendra Modi who has taken a right decision at right time to put the whole country under lockdown to save the precious lives. He announced the lockdown to break the chain of virus, but the order was given suddenly due to which so many people got stuck at the places where the

were at the time announcement by Hon'ble Prime Minister. No doubt the lockdown has remained successful till date with respect to saving of precious lives in India as compared to other world but at the same time our economy has also suffered a huge loss. In fact the pandemic has broken the back bone of the economy of the world including India.

Now we have to find a unbeaten way to make the exit from this lockdown. For this the country needs the same cooperation from the public as it got for the lockdown. My request to all the citizens of the country to please cooperate and follow the guidelines issued by the Govt. for safety from COVID-19.

LEARNING AT HOME DURING LOCKDOWN



MADHUR DUBEY
8TH A

LEARNING AT HOME DURING LOCKDOWN: MY PARENTS AND MY TEACHERS

Ever since the lockdown started, I feel lonely at home.

I do have a sister but soon realized that talking to a person or doing the same thing consistently can get monotonous. Sometimes I even feel that it would be better to go school, which a month back I could not have thought of in a million years

At times, I find this scary and mom calms me down by saying it will end soon. Yet I am hardly convinced with her explanations. In the little time that I get to talk to my friends, we discuss the current situation due to pandemic and its advantages. Especially on the environment, as us human beings are in lockdown.

A few days ago, when my father and I were sitting in the balcony at night I looked up in the sky and saw a lot more

stars than I usually get to see. Even my mom told me that Tawi River is getting cleaner amidst the lockdown.

I am also anxious about school; I hope that they do not take away our summer holidays to make up for the missed school days. I always enjoyed attending games class but now. Due to the lockdown, we have these classes on Zoom, which I can only imagine, must be hard for the teachers as she tries to make it look effortless. These classes, On the other hand do us some good, as we do not get to copy someone if we need to.

On weekdays the school gives us work, which I sometimes find overwhelming, but it is more work on their side, so that is impressive. Another thing I like is the kind of efforts the teachers are making to teach us by newer methods like making videos of concepts, so hats off to them for that!

Out of the many things I have learned during the lockdown, one main thing is that my parents keep reminding through their example that we should keep hope and stay positive
STAY HOME, STAY SAFE

SCHOOL LIFE



Sheikh hannan
Class/Sec.: IX 'B'

habit of roaring

Some of our mistakes are not acceptable Moments spend in the school are unforgettable. When teacher got late for the class We all were found outside the class. Like a lion has a

Every periods in the school were boring. In the school, teachers were restless Time spend with each other is priceless. Some friends were interested in fighting Waiting for the bell to rang was very exciting. In the life, we are facing many fears Thanks to school for giving us beautiful years.

SOCIAL MEDIA



Aadhya sharma
Class 8

Social media is a tool that is becoming quite popular these days because of its friendly features. Social media platforms like Instagram, Facebook and many more give people to connect each other across distance. All World is at our fingerprints thanks to social media. The youth is one of the most dominant users of social media. All this makes is wonder that something so powerful and with such a massive reach cannot be all good. Like how there are two sides of a coin and the same goes with social media. When we look at the positives aspects of social media we find numerous advantages. The most important being a great device for education. Students can educate

themselves. Moreover, live lectures are now possible only because of social media. Furthermore as more and more people are distancing themselves from newspaper they are depending on social media for news. We are always updated on the latest happenings of the world through it. Despite having such unique advantages, social media is considered to be one of the most harmful elements of society. If the use of social media is not monitored it can lead to grave consequences. The oversharing happenings on social media makes children a target for predators or hackers. It also leads to cyberbullying which affects any person significantly. This the sharing on social media by children should be monitored. This addiction of social media hampers with the academic performance of a student as they waste their time on social media instead of studying. Thus we must strive to live a satisfying life with the right balance.

QUEST FOR LIFE



MS. MEENAKSHI KOUL
MOTHER OF ADYA KOUL

Life is a mixture of opposites. Pain and Joy form an inseparable part of life. Death and Sorrow leave none untouched yet the wheel of life rolls on. The never ending craving for a better tomorrow helps one to tide over all troubles. Each passing day, month and year tightens our grip on our life and the quest of longevity of life increases. Except for a few who go berserk and finish themselves, however old one may be, however sick one may be, none wants to die. Perhaps it is the young and energetic life around the old ones which makes them obsessed with the feeling to live longer.

The Grandpa and Grandma want to see their grandchildren growing up, getting

married. The old ones can literally be seen begging for a few years time from the Almighty to see their grand kids settled.

The beauty of life is that it adjusts itself even in the adverse circumstances. Sorrow and pain make the lamp of happiness flicker but the tough and intelligent brain of the humans does not let it be extinguished. It makes it burn with the oil of perserverance and hope.

Though change is inevitable, yet one strives to keep everything intact and going till it relay gets bey and one's capability and capacity.

The quest for life is seen profoundly in the eyes of a chick, wandering helplessly in the cage of a meat shop. Its wails can turn a non-vegetarian into a strict vegetarian but knowingly we eat death, the dragon which engulfs all one day, however strong the quest for living may be.

WORLD



INSHA HAIDER
CLASS 6TH

due to many problems which should which should be solved before it is too

The earth is considered as one of the most beautiful planets in the universe it is the only planet in our galaxy that has enough water to support life unfortunately our plant is suffering

late. The major problem that are facing our world today our population, pollution and animal extinction. One of the problems facing our world is population.

It began about ten thousand year ago when the human settled and began farming. The farming provides more food for the people thus making the populations grow. Now we are about 6 billion in pollution and in a few years we will be around 10 to 11 billion, our population

IMORTANCE OF EDUCATION



MS. DALBIR KOUR
MOTHER OF TANISHDEEP

acwuire new skills and knowledge that will impact our development in life.

Education makes an individual develop personally, socially as well as economically education helps us o do our daly life activities in the best possible ways. Education helps us to

Educaiton brings us the higher social level of acceptance. It also provides us the chance at getting more money. Educaiton helps in building self confidence because you can achive somthing that you do well. Education is not just university and college or getting a certificate its about what you learn to do and how your mind is expanded. Thus it is no secret that a good education has the power to change a life. As educated people, we are considered as a valuable source of knowledge for our society.

THE BRIGHTER SIDE

Hello Friends,
Are you confined at home? No! You are SAFE at home.
Are you bored? No! It is an opportunity to do what you wanted to, but could not, due to lack of time.

It is time to learn new skills, fulfil your dreams and follow your heart. This is a time to test your skills on how to adjust, adapt and to combat such times.

It is time to introspect. It is the time for each and every one of us to do all that is with in our power; be it small or large, to create a loving and peaceful harmony within our world. It is an opportune time to try and create inner peace and silence, so that the love of God within us may inspires a creative and joyous response. Our surroundings have a Music, ONLY FOR THOSE who listen. Sit quietly alone for short period each day and listen. It is time to repair, heal and rejuvenate. It is time to explore your inner self and be positive. Being positive does not mean, life is perfect. It is making a conscious choice to focus on the good that exists.

Friends, Our kids are just as scared as we all are right now. Many parents are concerned about students falling academically behind because of this. Yes! They may fall behind a bit when it comes to classroom education. But what if they start enjoying the simple

things of life and have the benefit of slower pace to truly learn what really matters in life.

The focus of parents under lockdown period should not only to keep children engaged, upbeat and learn new things but to keep them happy and joyous. There general well-being should be the daily mantra. One important aspect of well-being is our daily diet: During these challenging times drink warm water slowly, eat lots of sprouts, at least two servings of fruits a day, eat fresh vegetables, and drink turmeric in warm milk. And indulge in warm up exercises and yoga. Avoid junk foods and Ice-cream. Minimize screen exposure, spend quality time and indulge in activities like gardening, painting, drawing, playing indoor games and laugh a lot. Remember! LAUGHTER eliminates negative stress.

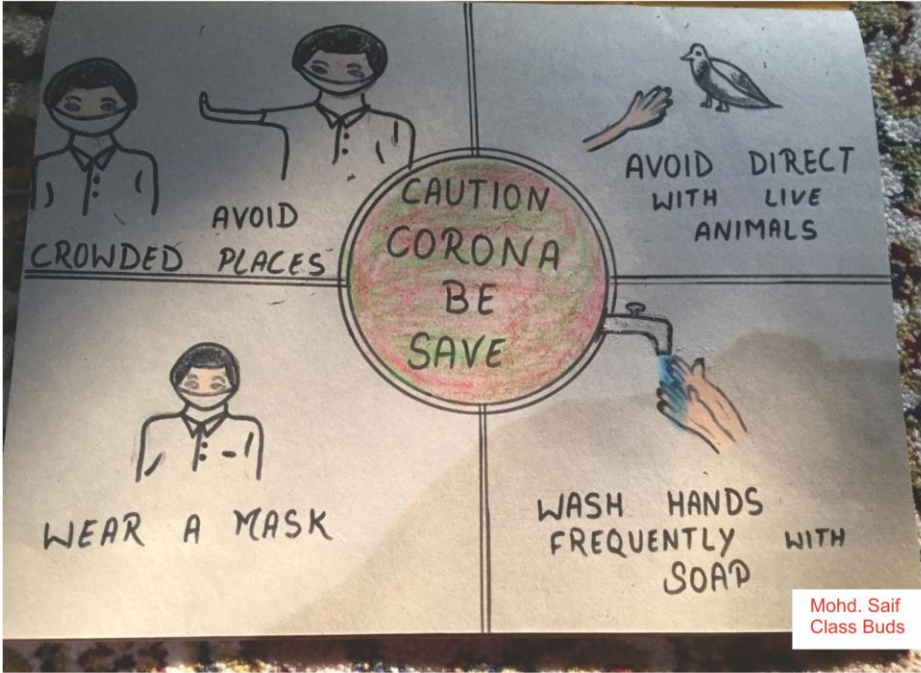
Come'on! Friends, Goodness is on its way. It is time to make a change and be a change.

Have Faith and Be Positive and calm. CALM MIND IS ULTIMATE WEAPON AGAINST ALL CHALLENGES
Be ready for the challenge.

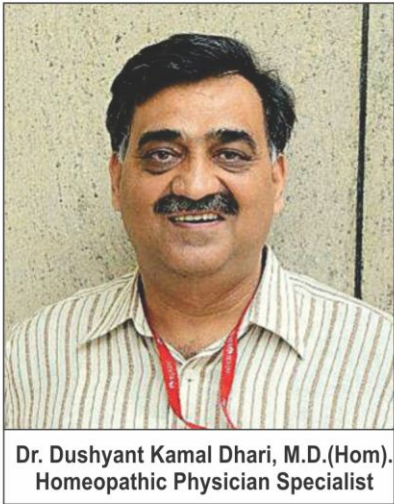
Dr Amanpreet Kaur

Mother of:

Manridh Kaur Kandhari VII B
Harnidh Kaur Kandhari V B



CORONA VIRUS PANDEMIC



At present, the whole world is fighting a pandemic caused by Corona Virus.

C

Cover Your Mouth When You Sneeze Or Cough. Use A Tissue And Throw It In The Bin.

On March 11,2020, World Health Organization WHO declared severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) as a pandemic that causes novel coronavirus disease 2019 (COVID-19). Corona viruses are a large family of viruses who get

O

One thing to do, is to stay away from people who have cough or cold. Keep yourself away from people when you have it too.

their name from “Crown like spikes” that can be seen on their surface. It is a novel strain of corona virus that has not been previously identified in humans and the disease it causes is called Covid 19. This virus is not the same as the Corona virus that commonly circulates among humans and cause mild illness, like the common cold.

The transmission among humans occurs via close contact with an infected individual that produces respiratory droplets while coughing or sneezing within a range of about 6 ft. Infected individuals have reported with common

R

Restrict frequenting public places. Stay away from parties and gatherings or swimming pools.

clinical symptoms involving fever, nonproductive cough, body pain, shortness of breath, Loss of taste or smell, nausea or vomiting, diarrhea etc. In severe cases pneumonia, severe acute respiratory syndrome, kidney failure, and death result. The symptoms may appear 2-14 days after exposure to the virus. Older adults and people of any

O

One more thing you can do is disinfect frequently touched surface like door handles etc. With a wipe. In public Places touch railings, door knobs etc. with a tissue.

age who have serious underlying medical conditions might be at higher risk for severe illness from COVID-19. As no treatment / vaccine is available for this new virus, the best way is to prevent from getting infected by this. The preventive strategies of SARS-CoV-2 infection relies on personal protective measures such as Hand Hygiene – Wash your hands often with soap and water for at least 20 seconds. If Soap and water are not readily available, use a hand sanitizer that has at least 60% alcohol. Avoid touching your eyes, nose

and mouth with unwashed hands. Avoid Close Contact - Avoid close contact with people who are sick even inside your home. If possible, maintain 6 feet between the person who is sick and other household

N

Namaste!
No Handshakes or hugs

members. Keep 6 feet distance between yourself and people outside your home. Do not gather in groups. Stay out of crowded places and avoid mass gatherings. Keeping distance from others is especially important for people who are at higher risk of getting very sick,

A

Always wash hands with a good soap. Scrub fingers, thumb and wrists.

Cover your mouth and nose with a cloth face cover when around others Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities. Cover coughs and sneezes If you are in a private setting and do not have on your face covered, remember to cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw the used tissues in the trash.

INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU
CBSE AFFILIATION CODE: 730102
(Under the Aegis of The IDPS Society, New Delhi)
(A unit of Sai Kripa Educational Trust)

LOVE

Be there for your child and show care and love

EXERCISE

Encourage play, exercise and sport

BEHAVIOUR

Keep an eye out for any changes in behaviour

SUPPORT

Regularly support, encourage and praise your child

REST TIME

Help your child to manage stress by building in some rest time

BE PROUD

Tell your child that you are proud of them

PATIENCE

Be patient. Don't pressure your child

HELP

Don't be afraid to seek help from professionals

FEELING

Get to know how your child is feeling

EDUCATE

Educate yourself about mental health problems

PROBLEM SOLVING

Help your child to effectively problem solve

LISTEN

Make sure you take time to listen to what your child has to say

COPING

Help your child to learn some simple coping skills such as relaxation

CONVERSATION

Encourage your child to engage in conversation

ENVIRONMENT

Provide a positive environment for your child where they can thrive

Near Matador Stand (Sainik Colony), Sunjwan, Jammu-180011
M.: +918082077283, +918082167283, 9419197283, 0191-2493535, 3636, 3737, 3939

AMAZING FACTS ★★

ALMONDS



ALMONDS ARE A MEMBER OF THE PEACH FAMILY

CROCODILE



**A CROCODILE CANNOT
STICK ITS TONGUE OUT.**

HEADPHONES



WEARING HEADPHONES FOR JUST AN HOUR COULD INCREASE THE BACTERIA IN YOUR EAR BY 700 TIMES.

CAT



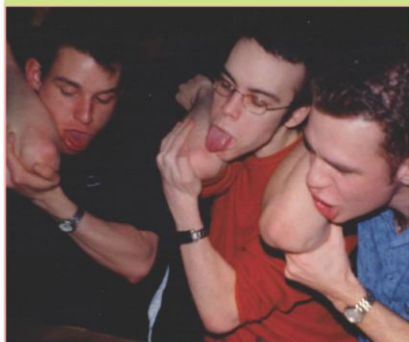
A CAT HAS 32 MUSCLES IN EACH EAR.

PIGS



IT IS PHYSICALLY IMPOSSIBLE FOR PIGS TO LOOK UP INTO THE SKY

ELBOW



IT IS IMPOSSIBLE FOR MOST PEOPLE TO LICK THEIR OWN ELBOW

Fabled First

DR. TESSY THOMAS



India's Missile Woman, Dr. Thomas is the first woman to lead a missile operation in India. Apart from leading many missile projects, she was also honoured for breaking the barriers and being successful in a predominately male occupation. She is a mother of a son, and a wife – she has managed to balance her life as a researcher and a mother beautifully. In January 2012, the then Prime Minister Dr. Manmohan Singh told the Indian Science Congress that Tessy is an example of a “woman making her mark in a traditionally male bastion and decisively breaking the glass ceiling.” The media loves to call her Agni Putri, or one born from fire, after the missiles she has helped develop.

QUOTE

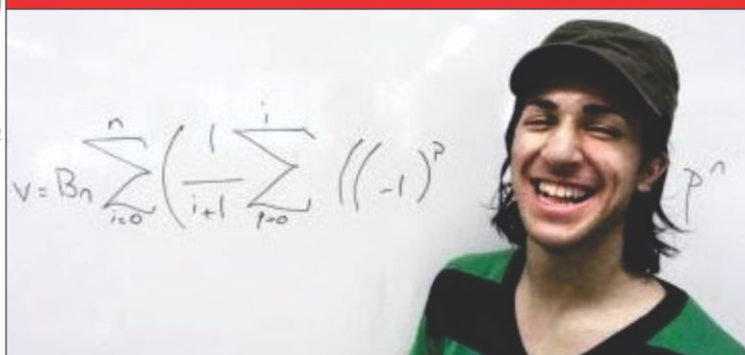
ARISTOTLE

The roots of education are bitter, but the fruit is sweet.

SCRABBLE

L	Y	E	C	E	H
A	L	C	K	A	J
B	U	C	H	B	Y
Y	X	R	P	E	I
N	E	E	Z	Y	S

16-YEAR-OLD CRACKS 300-YEAR MATHS PUZZLE



Mohamed Altoumaimi emigrated from Iraq as conflict began there in 2003. He reached Sweden, but despite being in a new environment never failed to keep focus on his studies. Mohamed was so good at Maths, in fact, that he ended up solving the so-called Bernoulli numbers problem, a formula that had vexed great mathematical minds for over three centuries. His findings were verified and praised by professors at Uppsala University in the country. Mohamed's high school now plans to take advantage of the teenager's skills by having him serve as a mathematics instructor. He eventually hopes to become a researcher in Physics or Mathematics.

WORD MEANING

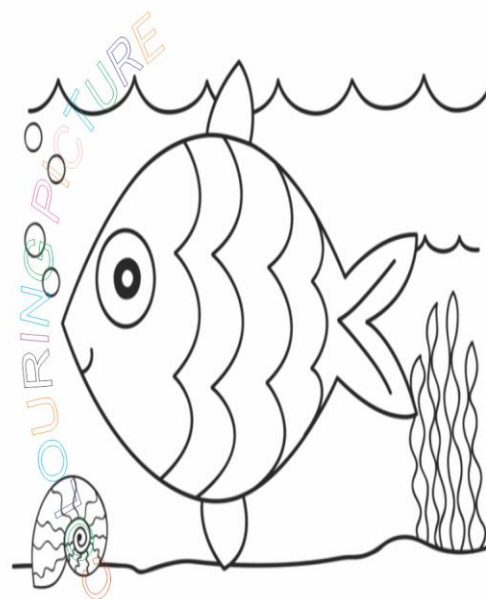


Word: STROLL

Meaning: walk in a leisurely way
Example: The park is an ideal place to stroll under the canopy of elm and maple trees any time of year.

QUIZ

- 1.What is the direction of rotation of earth on its axis?
2. what is the full form of WTO?
- 3.SEBI stands for
- 4.Who in India is the supreme commander of armed forces?
- 5.Who was the first Indian Prime Minister to resign from office?
- 6.Through which amendment 'Right to Property' was made a legal right?



“All work and no play make Jack a dull boy ! ” here lies the importance of playgrounds in schools. Students at International Delhi Public School are encouraged to play a variety of sports. Nationally-trained coaches come to the school to coach the boys and Girls. Cricket, lawn tennis, table tennis, badminton, basketball, swimming and athletics tournaments are also built into the calendar. Facilities exist for all indoor and outdoor games. Wonderla designed especially for the IDPA Garten and Primary School children keeps them active and in good spirits. The school has its own two swimming pool within the premises with separate change room and showers for boys and girls. Every class has a period allotted for swimming in its timetable. The pool is specially designed for our little ones and qualified trained lifeguard to ensure the safety of each child. The students who are selected for the School team represent the school at the Council meets.







From Editor's Desk



We Heartily Welcome you all to the new session 2020-2021. We have received praise worthy response in the past for the 'IDPS CHRONICLE' and hope to continue with the same diligence in achieving the same and more. Our aim is to provide a platform for our students to exhibit their creative thoughts, ideas and expressions and provide quality

reading material to the readers. Being the Chief Editor of the school, I promise that through my determination and hard work, I will ensure that the 'IDPS Chronicle' and its content is stimulating enough to hold the interest and admiration of its readers "A magazine—a relevant one—should be a sound, not an echo." – Tina Brown, The Vanity Fair Diaries :1983-1992

I truly appreciate the cooperation and encouragement from our adorable students and peers. Their contribution in the form of new ideas, new sections and new columns in the edition of "IDPS CHRONICLE", has always been gladly welcomed by the editorial board. I am thankful to the Management and Respected Principal Mam for giving me an opportunity to do what I love doing the most, immerse myself in adding to the educative value of both our contributors and readers. I hope the upcoming editions for the new session play a vital role in the all-round development of the children.

Keep safe, healthy and happy.

Happy Reading

INTERNATIONAL DELHI PUBLIC SCHOOL, JAMMU

TO ALL THE EDUCATORS ACROSS GLOBE



MS. RANDEEP WAZIR
PRINCIPAL, IDPS



MS. GUNEET MAAN
VICE PRINCIPAL, IDPS

*We say
Thank you*

We are humbled beyond words to appreciate the folks who just day to day are making our lives better. During this situation of crisis, they had to reinvent schools and have jumped in to place and make that happen.

Far from skiving off, teachers are working tirelessly to prepare online resources, to support the students from afar, and to assuage stressed-out parents.

We appreciate and applaud the effort of every educator putting in their hard work to inspire and empower the next generation.

PRINCIPAL

